

LETCHMORE

INFANTS' AND NURSERY SCHOOL

Newsletter



Week Commencing 17 November 2025

This week from the Headteachers-

The school has been a hive of activity this week with not one, but two Inspirational Days. On Wednesday the school became a circus for Year 1 and the children were treated to a day of circus skills and immersive education. It was fantastic to see the children's costumes as they came through the gates in the morning. On Thursday our Year 2 children had a visit from a real Arctic explorer, who came in to talk about his work and teach them map skills. We were also very lucky to have one of our Year 2 grandparents share their experiences of the Arctic with the children this year. A huge thank you to everyone who worked so hard to enrich our children's learning experiences.

As the weather has turned well and truly wintery this week we need to remind everyone to ensure their children are sent into school with appropriate **named** winter clothing.



We hope you all have a lovely weekend.

Mrs Jo Harding & Mrs Eleanor Williams
Co-Headteachers



Attendance

This weeks overall attendance is:
95.7%

The winner of this week's attendance award is Tawny Owl Class with **98.7%**

Please be aware that we have taken into account illness and exceptional circumstances.

Thought of the Week

"What did you want to be when you grew up?" asked the boy



"myself" said the mole

This month's value:

Togetherness and Tolerance

How can we show tolerance to others?

LATEST NEWS



For all the news on this weeks events in school follow the link below to our 'Latest News' page-

[Letchmore Infants' and Nursery School - Latest News](#)

DIARY DATES



To view the latest calendar please follow the link below-

[Letchmore Infants' and Nursery School - Calendar](#)

IMPORTANT INFORMATION

Christmas Carol Service

As you know we will be holding our Christmas Carol Services at the Holy Trinity Church in Stevenage Old Town. The children have been excitedly practising their Christmas songs and are looking forward to sharing them with their grown-ups. We will be holding three performances and splitting the year groups across the performances to accommodate all children in the Church. The dates and times for each class are as follows:

On Monday 8th December 2pm - 3pm

Reception - Wren
Year 1 - Greenfinch
Year 2 - Tawny Owl

On Tuesday 9th December 2pm - 3pm

Reception - Kingfisher
Year 1 - Goldfinch
Year 2 - Barn Owl

On Friday 12th December 2pm - 3pm

Reception - Starling
Year 1 - Chaffinch
Year 2 - Snowy Owl

Please arrive no earlier than the timing of your child's service so that we can safely position the children in the Church before the pews are filled. **We need volunteers to walk the children to the Church, if you are able to help, please email your class email by 12.00pm Tuesday 2nd December so that we know we have a safe ratio of adults to children for the walk.**

Wear it Blue day for Diabetes Awareness

On Thursday 27th November, we'll be supporting World Diabetes Month by taking part in Wear Blue Day.

Children are invited to come to school dressed in something blue - this could be a blue top, blue socks, or even a full blue outfit! ❤️

World Diabetes Month helps raise awareness about diabetes and this day is particularly meaningful to our school community, as it helps raise awareness and understanding of a condition that affects many children and their families across the UK.

Type One Diabetes (T1D) is a lifelong autoimmune condition where the body cannot produce insulin. It can develop at any age but often appears during childhood. Recognising the early signs is very important, as diagnosis and treatment are vital to prevent serious complications.

Common Symptoms of Type One Diabetes in Children

Weeing more than usual

Drinking more than usual

Feeling tired

Losing weight

Other possible symptoms include:

Blurred vision

Cuts taking longer to heal

Frequent infections such as thrush

If left untreated, Type One Diabetes can lead to a serious and life-threatening condition called **Diabetic Ketoacidosis (DKA)**.

Diagnosis and Management

If you ever suspect your child might have Type One Diabetes, it's important to seek **immediate medical attention**.

Doctors can carry out a quick **finger-prick test** to check blood sugar levels, and if Type One Diabetes is suspected, children are referred urgently for hospital tests and support. Children diagnosed with Type One Diabetes are cared for by a **specialist diabetes team**, and treatment usually involves **insulin injections** to manage blood glucose levels.

For more information, visit the **NHS website**:

👉 [Symptoms of Type 1 Diabetes](#)

👉 [Treatment for Type 1 Diabetes](#)

Parents can make donations via our JustGiving page using the link below. Please be aware that we can not accept cash donations.

https://www.justgiving.com/page/jo-harding-10?utm_medium=FR&utm_source=CL

All donations will go towards raising awareness and supporting those affected by diabetes.

Let's turn the school blue and show our support for World Diabetes Month! ❤️ 🌍



NOVEMBER IS NATIONAL DIABETES MONTH

ARE YOU AT RISK FOR TYPE 2 DIABETES?

1 IN 10 PEOPLE HAVE DIABETES (MOST HAVE TYPE 2 DIABETES)



1 IN 4 PEOPLE DON'T KNOW THEY HAVE DIABETES



YOU CAN STAY HEALTHIER LONGER AND LOWER YOUR RISK OF TYPE 2 DIABETES WITH THESE STEPS:

- **STAY AT A HEALTHY WEIGHT**
- **EAT WELL**
- **BE ACTIVE**

THESE FACTORS INCREASE YOUR RISK FOR DEVELOPING TYPE 2 DIABETES:



Being overweight



Race and ethnicity: African American, Hispanic/Latino American, American Indian, Pacific Islander, Asian American



Being physically active less than 3 times a week



Having a parent, brother, or sister with type 2 diabetes

45+

Being 45 years or older



Having had gestational diabetes (diabetes in pregnancy) or giving birth to a baby who weighed more than 9 pounds

PTA News



Hi from the PTA!

We hope you've had a great week so far, just a few quick updates from us.

Christmas Wish Lists - Coming Next Week!

We'll be launching the Christmas Wish Lists, which will run through to mid-December. Parents will be able to support the school by donating items to improve the school experience for the children directly from an Amazon wish list created by the teachers and staff at the school. Each item generously donated will be recognised with a bauble on the wishing tree, which will be going up outside the school office early next week. Watch your email inboxes for details and links, and see the tree bloom in the season of giving.

Christmas Cards & Gifts, Thank You!

A huge thank you to everyone who ordered Christmas cards and festive items featuring your child's artwork. Your support helps raise valuable funds for the school. All orders will be delivered to the school in batches over the next few weeks so keep an eye out for updates once the deliveries start arriving.

Pre-Loved Uniform

As we head into winter (and as uniform items inevitably go missing or get a little worn!), please remember that the PTA has a large collection of excellent quality pre-loved uniform available. Before buying new, feel free to get in touch and we'll happily check what sizes we have on hand. For any questions or to enquire about pre-loved uniform, you can reach us at pta@letchmore.herts.sch.uk

As always, thank you so much for your ongoing support, it really does make a difference.
The PTA Team



PASTORAL News

EMOTION
OF THE
Week



ANGRY

Meaning:

Feeling very annoyed or upset about something

- How does your body feel when angry?
- What do you need to feel calm?

Please discuss this emotion with your child at home.



If you would like more information on this, it can be found in Mrs Wordsmiths 'The Big Book of Feelings' which is the resource we use in school.

Celebration Corner Week Commencing 2024

Star of the Week

Hummingbird

Oscar
For creating detailed drawings.

Sparrow

Tayo
For super dancing.

Woodpeckers

Aurora
For imaginative role play with her friends.

Starling

Harvey for taking time with his handwriting this week and forming his letters beautifully.

Wren

Nico for making such big changes to his behaviour, and being such a sensible member of Wren class.

Kingfisher

Tommy for making such amazing progress with his phonics and reading. Well done!

Goldfinch

John has been working so hard on his reading, both at home and at school. Keep it up John.

Chaffinch

Vasilion for showing lots of independence this week during Design & Technology!

Greenfinch

Aiden for working so hard to learn all his tricky words.

Snowy Owl

Aaira for using effective technique to create a scene on Purple Mash

Tawny Owl

Freya and Pheobe for their excellent writing this week.

Barn Owl

Noah - for his interesting and inventive writing about the 'Giant Arctic Jellyfish'.

Good Learning (Growth Mindset)

Goldfinch

Grayson has been working hard to master the part, part, whole maths problems and remembers to use his fingers to help.

Chaffinch

Jenson for being able to recall lots of information about the mechanisms we looked at this week - sliders, levers, and wheels!

Greenfinch

Annabelle for great phonics work this week and making a brilliant moving picture in D and T.

Snowy Owl

Saarah for using good technique to create a great scene on Purple Mash

Tawny Owl

Rory for his excellent Arctic Animals poster.

Barn Owl

George - for showing great care and focus in his written work this week.

Celebration Corner-Continued

Values Champion

<p>Hummingbird Togetherness and tolerance Graison For sharing the play dough with others.</p>	<p>Sparrow Respect Aaliyah For listening carefully at story time and helping to retell the stories.</p>	<p>Woodpeckers Togetherness and tolerance Aditi For showing kindness to others and sharing.</p>
<p>Starling Riley -Not Giving Up- for working so hard on going to the toilet independently.</p>	<p>Wren Violet - for the value of independence. Always listening carefully, sitting responsibly and trying hard without needing reminders.</p>	<p>Kingfisher Joshua -Togetherness & Tolerance. It's a joy to watch him play alongside his friends. He is kind, patient & always welcomes anyone to join his game.</p>
<p>Goldfinch Vihaana for Togetherness and Tolerance. Vihaana always welcomes friends into her games.</p>	<p>Chaffinch Zara for always being super helpful around the class!</p>	<p>Greenfinch Ronnie- togetherness and tolerance.. Ronnie always plays beautifully with his friends and always looks out for other children.</p>
<p>Snowy Owl Ocean for making sure everyone gets a turn to wear our special star cape</p>	<p>Tawny Owl Evie- Courage For overcoming your fears.</p>	<p>Barn Owl Elizabeth - for not giving up and working hard to produce her best work.</p>

Sports Achievement

<p>Starling Azhar - super throwing and catching and working in a team in P.E.</p>	<p>Wren Freddie Casey, for great ball skills and a 'can do' attitude in PE.</p>	<p>Kingfisher Amelie for super throwing and catching in our P.E lesson.</p>
<p>Goldfinch Amber for some brilliant circus skills, spinning 2 plates!</p>	<p>Chaffinch Alyssa for great balancing and juggling in the circus skills workshop!</p>	<p>Greenfinch Ayaanah for excellent circus skills, spinning plates and balancing on the tightrope.</p>
<p>Snowy Owl Eloise for making and holding lovely balances in PE.</p>	<p>Tawny Owl Sophie and Laura for excellent balances.</p>	<p>Barn Owl Yasin and Ollie for listening carefully and making some lovely gymnastics shapes in PE.</p>



Birthdays

Nursery-
Moyo 16th November

Reception-
Nell 11th November
Vivi 15th November
Logan 16th November

Year 1-

Year 2-
Theo 12th November

Sporting Shout Outs & Other Achievements



Freya was awarded student of the class for martial arts. Congratulations!



If you have any achievements you would like us to share please email admin@letchmore.herts.sch.uk



18th November 2025

Dear Parent

If you wish to order milk from January 2026, please find below a guide on how to do this. The price for the milk for the Spring term will be 34p per day. When you go onto the online system, it will calculate the number of days and therefore advise you how much to pay. You can choose half termly, or termly. (This is subject to change).

Please visit our website www.dairylink-uk.com.

- You will need to click on the 'order milk' tab, register with us, add your child/children on the 'children' tab. (Please check your spam folder should you not receive your confirmation email).

OVER 5 CHILDREN

- Click on the 'payments' tab and you can then select as many terms or half terms as you wish to pay.

UNDER 5 CHILDREN

- Please input their date of birth and the system will take the order without paying for the milk. **PLEASE NOTE THAT THIS WILL NEED TO BE PAID FOR FROM MONDAY OF THE WEEK OF THEIR 5TH BIRTHDAY.** You will need to order the milk by Monday 1pm the week before the free milk expires.

FREE SCHOOL MEALS CHILDREN

- If your child receives free milk under the FSM scheme then please contact the school, you do not need to register online.
- Please ensure you enter the correct class/year that your child is in and you need to enter your child's new class if they have moved up.

The deadline for the milk order is Monday 29th December at 1pm. After this time, the system will stop receiving orders for Monday 5th January, and you will not be able to get milk for that week. Therefore, please make sure you order by this date and time. The system works by ordering before Monday 1pm which would then ensure your child has milk for the following Monday onwards (i.e. a week later). If you miss the Monday deadline, then your child's milk won't be added for a week after the oncoming Monday, so if you order on a Tuesday, for example say Tuesday 30th December, your child's milk will start on Monday 12th January.

If you need anything further, please contact Stephanie at stephanie.griffiths@dairylink-uk.com or on 01785 286823.

Yours sincerely

Barbara Griffiths
DairyLink UK Ltd

AUTUMN 2025 |
PARENTS/CARERS

ONLINE SAFETY NEWSLETTER.



KEEPING CHILDREN SAFE ONLINE: CHANGES TO THE ONLINE SAFETY ACT EXPLAINED

The Department for Science, Innovation and Technology has published a press release outlining how the Online Safety Act aims to help keep children safe online. The press release sets out information on: data privacy; virtual private networks; legal adult content; and support for the Online Safety Act.

[Keeping children safe online: changes to the Online Safety Act explained - GOV.UK](#)

SUPPORTING YOUR TEEN ON SOCIAL MEDIA

As your teen steps into the digital world, knowing how to guide and support them can feel overwhelming. That's why [Media Smart](#), in partnership with TikTok, has created '**Teens, Social Media and You**' a new film-led campaign with free resources to help parents and careers navigate discussion about online safety, digital wellbeing, and responsible social media use.

Download the free guide and watch the films today [here](#)

APP SAFETY SETTINGS

With the Online Safety Act now in force, there's been a lot of focus on how tech companies manage their safety features. While these settings aren't perfect, they do play an important part in helping to keep children safe online.

This is a good time to check the safety settings on the apps your child uses and make sure they're appropriate for their age. The [Internet Matters](#) website has clear, step-by-step guides for many popular apps, including Instagram, TikTok, Snapchat and YouTube. You can find them here:

- Discord app settings - [HERE](#).
- TikTok parental controls - [HERE](#).
- Snapchat parental controls - [HERE](#).
- Instagram parental controls - [HERE](#).
- FaceTime privacy and safety settings - [HERE](#).
- WhatsApp privacy guide - [HERE](#).

TALK CHECKLIST: PRACTICAL TIPS FOR PARENTS

The Internet Watch Foundation's TALK Checklist offers vital guidance for parents and carers to protect children from online sexual abuse. The checklist encourages open conversations with children about online safety, setting clear digital ground rules, understanding the platforms and apps they use, and utilising available tools and settings to enhance online security. By following these steps, families can create a safer online environment and reduce the risk of exploitation. For comprehensive resources and support, visit the TALK Checklist at talk.iwf.org.uk.

PINTEREST PRIVACY AND SAFETY SETTINGS

Pinterest is a hugely popular platform where users share and discover ideas on everything from crafts and recipes to fashion and art. It can be a great source of inspiration, but because content is shared by users, some material may not be suitable for everyone. In 2022, during the inquest into the death of a 14-year-old, Pinterest itself acknowledged that the platform was not always safe.

Internet matters have an excellent page full of advice and guidance about filtering content, reporting tools and more which you can find [HERE](#).

FALL GUYS PARENTAL CONTROLS

Fall Guys is a very popular game with children. It has a PEGI 3 rating and falls under the massive multiplayer battle royale genre of games, meaning there are things like chat, in-game spending, friends lists and more. It's important that games like this are set up correctly in accordance with the age of the child playing. For example over 13's have default access to party chat groups.

Internet Matters have a really good guide detailing all the parental features [HERE](#) and Wayne Denner has just published an article about a new voice reporting feature which is available within Fall Guys and also Rocket League, another really popular game with children. You can find Wayne's article [HERE](#).



The information in the newsletter is given to help promote the safety of children and young people online.

Every care has been taken to ensure the information and any recommendations in the newsletter are accurate at the time of publishing. Schools must make their own judgements when sharing our recommendations with parents and carers and, where appropriate, always risk assess with their pupils and whole school community in mind.

This newsletter is brought to you by the HFL Education Wellbeing team as part of their online safety support for schools and settings in Hertfordshire. Contact the team at wellbeing@hfleducation.org or call 01438 544464.

HFL Education is a leading national provider of school improvement and business support services, training, and resources, which enable schools, educational settings, and multi-academy trusts to deliver a great education.

We support those we work with to achieve successful long-term outcomes for their children.

We believe that every young person, through access to a great education, should be able to realise their potential, regardless of where they live, their background or circumstances.



01438 544 464
Visit our website

