

Nurture

NEWSLETTER

Month: November

This month, we've been learning all about great explorers. As a class we created a discovery basket, choosing objects we would take with us on an adventure.

We have also been practising a range of breathing strategies to help us stay calm and centred. In addition, the children have enjoyed using puppets to act out social scripts and explore different real-life scenarios.

A highlight of the month was our recent visit to Nefel Café in Old Town. The children were fantastic, they listened carefully, used their kind manners, and walked beautifully. It was a wonderful experience for everyone. Afterwards, we wrote some lovely letters to give to Nefel Café to say thank you.

Our emotions this month are:

Happy
Sad
Anger
Fear/ Scared



We have been looking at positive affirmations this month! One of them including:



I am perfect, just the way I am!



A big thank you to Nefel Café and their wonderful staff, who were incredibly welcoming and accommodating during our visit.

Dates for the diary:

Wednesday 3rd (sorry previously it said 5th!) **December:** If you have not yet booked, please do by Tuesday 2nd December!

Tuesday 13th January 2026: Outing TBC

Tuesday 20th January 2025: Nurture celebration afternoon at 2:15- 2:45

Tuesday 27th January 2026: Last day of nurture and reports sent out to parents/carers.

Nurture Staff & Further Information

Class Teacher: Miss Paige Hewett

Nurture assistants: Mrs Sally Dukes and Miss Natalie Grant

If you have any questions, please email the Nurture staff on:

nurture@letchmore.herts.sch.uk or via admin@letchmore.herts.sch.uk