

# Reception

## NEWSLETTER

Week Commencing 19th January 2026



**Theme: Real Life Superheroes and Online Safety**

### Additional Information:

If you need to contact the teachers you can email them at-

[wren@letchmore.herts.sch.uk](mailto:wren@letchmore.herts.sch.uk)  
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### In whole class sessions we will be:

- Learning about real life superheroes.
- Learning about the role of a police officer: fitness tests, finger printing.
- Creating self portraits.

### In phonics we will be:

Focus phonemes: ow & oi.

Introducing tricky reading word:  
here

**Phonics**

### **Handwriting**

This week we will be focusing on the letters: g, n and p. We will be forming and orientating these letters correctly. We will also be using these letters to write simple sentences and words.

### **Our Class text focus this week:**

Real superhero by Julia Seal

### **At Home**

- Could you identify a real-life superhero and, with an adult, conduct your own Internet search to find out more about their role.. Remember to think about key search words you might need to use.
- Make a thank you card to give to one of your real-life superheroes. What message might you put inside?

### **Maths Focus:**

This week we will be exploring adding and subtracting using a 5 frame. We will write number sentences to correspond with our 5 frames.

### **Value of the Month**

During the month of January our focus value is 'Independence'. Please celebrate examples of these in your own home. We would love to see any WOW forms that relate to this value.